

A Guide  
to **Community  
Services** in

**Kingston,  
Frontenac,  
Lennox & Addington  
Counties**

for **Children**

with **Autism  
Spectrum  
Disorders**



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# Introduction

In January of 2008, the first Inter-agency meeting for children and youth with Autism Spectrum Disorders (ASD) was formed. A group of local services providers and community programs met to explore what services are available for children and youth in Kingston, Frontenac and Lennox & Addington (KFL&A).

We realized that there are a number of excellent resources available in the community but no central place for families or service providers to call for information. To address this gap, we developed a guide to services for children and youth with ASD that will assist both families and service agencies in knowing what is available in our communities.

*A Guide to Community Services in Kingston, Frontenac and Lennox & Addington Counties for Children with Autism Spectrum Disorders* was developed to assist families and service providers by:

- describing the range of services available in our community, and
- providing contact information.

Our hope is that families and service providers will use this guide to discover all the great programs and services that are available in our community to support children with ASD and their families. Please refer to the back page for the logos of organizations that participated in the development of this guide.

This guide is also available electronically for download at:

[www.kflachildrenyouthservices.org/](http://www.kflachildrenyouthservices.org/)

[www.autismontario.com/Client/ASO/AO.nsf/Kingston/KingstonHome](http://www.autismontario.com/Client/ASO/AO.nsf/Kingston/KingstonHome)

[www.seregion.ca](http://www.seregion.ca)



# Assessment and Diagnosis

# Child Development Centre (CDC) Hotel Dieu Hospital

166 Brock St.,  
Kingston, ON K7K 5G2

T. 613-544-3400, ext.3191



Child Development Centre

The Child Development Centre (CDC) provides services for children and youth who have physical/neurological disabilities and for preschoolers with multiple developmental concerns. Multidisciplinary teams provide assessment and intervention to help child participate in community life. Many of our staff also participate in research and educational activities to expand knowledge and understanding of childhood disability.

Services are family-centered and may be provided at the Child Development Centre and/or at home, school or other community settings. CDC is responsible for a number of other related programs including the Infant Development Program and Augmentative Communication Services. A physician referral is required - fees are covered by OHIP.

When autism is suspected, our developmental paediatricians conduct in-depth assessments before making the diagnosis. This may include assessments and/or input from other health professionals or community workers. Referrals to other medical specialists are arranged when necessary (e.g. genetics, audiology, orthopaedics, etc). Children who receive a diagnosis of ASD may be eligible for services at CDC and/or may be referred to other community agencies for services as appropriate.

The Child Development Centre offers two specialized group programs for children with a diagnosis of ASD. Both groups are run in the community with staff support from other community agencies such as the Ontario Early Years Centre, Pathways for Children and Youth and Early Expressions partner agencies. Parents can self-refer and there are no fees. All children are screened to determine suitability for the groups.

Play and Talk is a combined Speech-Language and Occupational Therapy Group Program for children ages 3-6. The program aims to address the sensory and social communication challenges of children with a diagnosis of ASD. An individual pre-group play session takes place to determine group placement. Children must be using some basic communication (pointing, words, signs) and be able to tolerate the group format. Groups are offered in a community setting and are structured to include the following: hello-circle, high-energy activities, calming activities, snack-time and good-bye circle. Groups are an hour in length and are held once a week for 10 weeks. Participation is limited to four to six children per group. The goal is to create an enjoyable and successful social play experience for children with ASD and to provide their parents with strategies for helping their child.

Friendship Skills Camp is a one-week group program offered during school breaks (March Break and summer) to children aged 7-10 with Asperger's Syndrome or High Functioning Autism. The groups are designed to provide children the opportunity to practice social interaction skills while participating in therapeutic games and activities in a supportive environment. Examples of activities include: cooperative games, art, drama, music and movement. The groups are highly structured and make use of visual and sensory strategies. Role-play is used to learn and practice common social scenarios such as initiating and maintaining conversations, joining in with a group, and establishing personal space. Higher-level groups have introduced topics such as: dealing with emotions, recognizing and responding to emotions in others and managing stress and anxiety.

Respite Funding is available through CDC. The funding is limited and is available to families of children who have ASD and present with urgent respite needs and/or children with ASD who are not eligible for other sources of respite funding to pay for in-home or out-of-home respite. Applications are accepted at CDC at designated times. Please call for further information.

Family Support  
and  
Treatment Options

# Autism Ontario-Kingston Chapter (AO-K)

**P.O Box 20075,**

**Kingston, ON K7L 5S5**

**T. 613-546-6613, ext. 388**

**kingston@autismontario.com**



Autism Ontario (AO) is dedicated to increasing public awareness about autism and the day-to-day issues faced by individuals with autism, their families, and the professionals with whom they interact. The Society and their chapters share common goals of:

- providing information and education,
- supporting research, and
- advocating for programs and services for the autism community.

AO is a provincial organization with a Board of Directors composed primarily of parents of individuals with autism, plus a host of volunteers and respected professionals who provide expertise and guidance to the Society on a volunteer basis. Members are connected through a volunteer network of Chapters throughout the province.

There is a local Resource Library located at:

The Canadian Mental Health Association (CHMA) Building  
6 Ordnance Street  
Kingston

Library hours are Mon-Fri 9-2. They also hold Parent Support meetings at CMHA every second Tuesday of the month in collaboration with CMHA at 6:30 p.m.

The AO-ASUS (Arts and Science Undergraduate Society at Queen's University and AO-K) provide the Autism Partnership Program, designed to pair a child who has ASD with a Queen's student volunteer for 2-3 hours per week. This time is spent together playing, working on skill building, academics or going on social outings.

For more information about the AO-ASUS Autism Partnership Program contact Paula Ball at pball@cogeco.ca

# Canadian Mental Health Association (CMHA)

6 Ordnance St.,  
Kingston, ON K7K 5T9  
T. 613-549-7027



CMHA offers the "Please Listen Program" for Children and youth who have autism and their siblings, a 6-week series of interactive group activities and topics which teach the children to deal with:

- self-esteem,
- controlling anger,
- feelings and emotions,
- conflict resolution skills,
- social interaction with siblings, peers, and adults, and
- communication skills.

The program is geared to children and youth age 6-16. The groups are open to any child or youth who has a sibling with autism. There is also one group provided for children with autism who are high functioning.

ASD Sexuality Group: a six-week program for adolescents ages 13 -21 affected by Asperger's Syndrome. It is designed to address sexuality issues.

Public Education: Upon request CMHA can provide presentations to the community on Autism Spectrum Disorders.

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166 Brock St.,  
Kingston, ON K7L 5G2  
T. 613-544-3400, ext.3191



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# **Community Living—Kingston**

**1412 Princess St.,**

**Kingston, ON K7M 3E5**

**T. 613-546-6613, ext. 225**

**[www.communitylivingkingston.org](http://www.communitylivingkingston.org)**



Community Living Kingston, Child Care Resource Consultant Service supports children 0-12 years of age who face functional barriers in one or more of the following areas of development; physical, social, emotional, communication, intellectual, behavioral and/or have increased vulnerability to environmental stresses, including those related to family, social, economic and/or cultural circumstances.

They offer a number of supports including the Child Care Resource Consultant Service in Frontenac County. This service supports licensed childcare programs that include children with special needs. It also provides support to families including information, visits, consultation, service co-ordination and transition to school.

Community Living Kingston offers the Family Support Program which provides information, resources and training for parents of children with an intellectual disability, on a wide variety of topics, i.e. Income Tax, School-related, Sibling Workshops, Wills, Trusts and Estate Planning. They also offer the Summer Inclusion Facilitator Program designed for children 6-12 who may need extra support at a regular summer day camp.

They coordinate respite services on behalf of the community using the [www.respiteservices.com](http://www.respiteservices.com) website, a data bank that matches families with potential respite workers in KFL&A, (also known as the CHAP Program).

Workers may provide day or overnight care and can help people to participate in activities in the community which might not be otherwise available to them.

They offer training for parents, recruitment and training of workers, as well as posting information on upcoming community events and workshops.

# Community Living—North Frontenac

**1025 Elizabeth Street,  
P.O. Box 76,  
Sharbot Lake, ON K0H 2P0  
T. 613-279-3731**



This agency helps developmentally challenged children and adults in North Frontenac in having equal opportunities to participate and share in all facets of community life. Services include individualized supports and social, recreational and leisure activities.

The Association supports both children and adults with intellectual disabilities in the Central/North Frontenac area to:

- access community supports and resources,
- advocate for additional supports/services for family members,
- provide an integrated children’s summer camp program throughout the region,
- develop inclusive initiatives designed to reduce barriers to: inclusive education, equal opportunities in employment and other community events, exercise everyone’s rights in all aspects of community life,
- support people to live as independently as possible and to participate in all facets of community life, and
- an integrated summer day camp for children with disabilities.

Supports/services are planned on an individualized basis in the areas of life skills, social skills, employments skills as well as recreational and leisure activities.

# Early Expressions Preschool Speech and Language Services

T. 613-546-3854

T.F. 1-800-267-7875, ext. 1184

[www.kflapublichealth.ca](http://www.kflapublichealth.ca)



Early Expressions is a system of partner agencies serving the speech and language needs of preschool children living in Kingston, Frontenac and Lennox and Addington. The partner agencies of Early Expressions include KFL&A Public Health, Hotel Dieu Hospital Department of Speech and Audiology, The Child Development Centre at Hotel Dieu Hospital, and, Pathways for Children and Youth.

Once referred, we can provide a speech and language assessment, offer information about age-appropriate speech and language development, suggest activities to build your child's communication skills and link you with appropriate services.

Intervention services are based on a parent training and coaching model to support parents to help their child through every day activities at home and in the community. Families will access these speech and language services through one of our partner agencies: KFLA Public Health, Hotel Dieu Hospital Department of Speech and Audiology, or the Child Development Centre at Hotel Dieu hospital.

## **Extend-A-Family Kingston**

**361 Montreal St.,**

**Kingston, ON K7K 3H4**

**T. 613-544-8939**

**[www.eafkingston.com](http://www.eafkingston.com)**



Extend-A-Family (EAF) is a nonprofit organization providing individuals with special needs (ASD, intellectual or physical challenges) opportunities to grow, develop and achieve success. Family support services provide information and referrals to community agencies, assistance with applications for respite funding(i.e. ACSD and SSAH); as well as planning for transitions or for the future.

Extend-A-Family operates social recreational programs for children with special needs and their siblings, ages 4-18. These recreational programs run throughout the school year on evenings, Saturdays, PD days, Christmas and March Break. Children with ASD are welcome to join our recreational programs as they facilitate social learning and promote physical and mental well-being.

The EAF Summer Camp is available for an 8 week period during July and August. The camp is held at St. Lawrence College and includes an integrated camp and an ASD camp. In the ASD camp, children have an individualized program and are integrated with their peers according to their needs. Another special ASD program is The Saturday Teen Social Club which is designed to facilitate fun and social opportunities for teens age 14-18 with Asperger's Syndrome. The other ASD Saturday program is available for children with higher needs.

# **Hotel Dieu Hospital Child and Adolescent Psychiatry**

**Brock Wing, 5th. floor**

**166 Brock St.,**

**Kingston, ON K7L 5G2**

**T. 613-544-3400, ext.2554**

**[www.hoteldieu.com](http://www.hoteldieu.com)**



**Hotel Dieu  
Hospital**

The Division of Child and Adolescent Psychiatry offers an Inpatient Program, an Outpatient Program, the Apple Day Program, the Urgent Consultation Clinic and the Family Court Clinic. These services are all available to children and adolescents who have a wide range of psychiatric disorders in need of acute care. The Division provides assessment, diagnosis, stabilization and consultation services to support eventual shared care with community physicians and clinicians. A multi-disciplinary team provides specialty services including consultation on the medical management of psychiatric disorders, psychological assessment, cognitive behaviour therapy, applied behaviour analysis, family therapy and psychoeducational and treatment groups, and, in the case of the Apple Program, special education.

The Apple Day Program has a multidisciplinary team that provides comprehensive assessment in a classroom, treatment trials and case management and consultation for patients aged 7 to 15 who have Autism Spectrum Disorders and other neurocognitive disorders.

The Division's Outpatient Program offers assessment and consultation for patients with ASD. Staff members also provide specialized psycho-educational groups for parents of children and adolescents with ASD.

Referrals to the Division are accepted from physicians. The Urgent Consultation program is accessed through the Emergency Department only. The Apple Program also accepts referrals from all local school boards.

## **Kerry's Place Autism Services**

**556 O'Connor Drive, Suite 104,**

**Kingston, ON K7P 1N3**

**T. 613-384-7800**

**F. 613-389-1563**

**[www.kerrysplaceautismservices.org](http://www.kerrysplaceautismservices.org)**



This agency helps to enhance the lives of people living with Autism Spectrum Disorder through individualized supports, collaboration and advocacy. Kerry's Place Autism Services values inclusion, teamwork and choice. Supports in the Kingston, Frontenac, Lennox & Addington areas include 4-H Clubs for youth, workshops and consultation. Open to those with a diagnosis of Autism Spectrum Disorder.

## **Lennox & Addington Family and Children's Services**

**465 Advance Ave.,**

**Napanee, ON K7R 4A7**

**T. 613-354-9744, ext. 129**



The Family Support Program provides advocacy, referrals, case management supports and counselling to families with children between the ages of 0 to 18 with an intellectual and/or physical disability living in Lennox and Addington county. The program provides supports to families looking for respite services and/or day camp opportunities. Kool Kamp supports children with special needs during the march break and summer sessions.

# **Lennox & Addington Resources For Children (LARC)**

**1178 County Road 8,  
R.R. 2,  
Napanee, ON K7R 3K7  
T. 613-354-6318  
[www.larc4kids.com](http://www.larc4kids.com)**



LARC is a licensed non-profit agency that provides day care services, and home child care. They offer a number of supports including the Child Care Resource Consultant Service. This service supports licensed childcare programs that include children with special needs. It also provides support to families including information, visits, consultation, service co-ordination and transition to school. They serve Lennox & Addington County.

## **Ongwanada**

**191 Portsmouth Ave.,  
Kingston, ON K7M 8A6**

**T. 613-548-4417**

**www.ongwanada.com**



Ongwanada

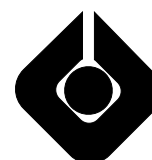
Ongwanada is a non-profit organization that provides individualized residential and support services in the community. It is affiliated with Queen's University and promotes teaching and research on developmental disabilities. Ongwanada also offers conferences, displays and written material for public education.

## **Ongwanada Community Behavioural Service**

**Crescent Center, 114 Wright Cres.,**

**Kingston, ON K7L 4T8**

**T. 613-548-4417, ext. 3310**



Ongwanada

This program promotes positive behaviours and self-help skills in persons with a developmental disability. Therapists work closely with Ongwanada psychologists, parents and teachers (when applicable) to assess problem areas and design a behaviour support plan. The therapist visits the home, school or day program regularly to work with individuals and to teach families and teachers to carry out the program. Open to adults and children 2+ with a developmental disability. Self-referrals are accepted.

**The Child Centre**

**1004 Art Duffy Road, Sharbot Lake**  
**613-279-2244**

Programs in Harrowsmith, Verona, Sydenham, Sharbot Lake, Mountain Grove & Plevna

**Lennox & Addington Resources for Children,**

**1178 County Road #8, Napanee**  
**613-354-6318**

Programs in Kaladar, Cloyne, Flinton, Northbrook, Tamworth, Bath, Newburgh, Yarker, Amherstview, Odessa & Napanee

**Limestone Advisory for Child Care Programs**

**1066 Hudson Drive, Kingston**  
**613-384-1231**

Programs in Kingston East, Kingston West, Kingston Central, Kingston Downtown; Wolfe Island, Perth Road, Storrington, Glenburnie and Kingston North

Ontario Early Years Centres (OEYC's) provide a place for young children and their parents or caregivers to play and learn. Adults can learn about the benefits of early literacy, health, nutrition and early child development. We can assist parents and caregivers with accessing other community services that ensure all children have the best start in life.

Services provided are free of charge:

- Playgroups & drop-ins
- Child care information
- Toy & resource library
- Information & referral services
- Aboriginal services
- Data Analysis & collection
- Early literacy services
- Parent & Caregiver workshops
- Volunteer co-ordination
- Pre & Post natal resources
- School Readiness programs
- Family Support Worker

# Pathways for Children and Youth

Suite 215,

1201 Division Street

Kingston, ON K7K 6X4

T. 613-546-8535

Intake 613-546-1422, ext. 1

[www.pathwayschildrenyouth.org](http://www.pathwayschildrenyouth.org)



Pathway's Children's Mental Health agency is dedicated to strengthening and supporting the emotional well-being of children and families. The agency serves children and families who are having difficulties with issues such as behaviour, getting along with others, self-esteem, emotions as well as mental health problems, family distress, trauma, family violence, abuse or parent-child conflict.

Community counselors provide assessment and consultations, individual counselling, family counselling, group counselling and parenting programs. Intensive services include day treatment, intensive child and family service, respite and out of home as well as Early Years services. These services are more intensive and provide modeling, coaching and hands-on support to children and families. The agency also provides a range of training programs for children and parents.

Pathways is the lead agency for the Autism Intervention Program and the School Support Program; programs specifically designed to support children, families, agencies and schools dealing with children and youth with Autism Spectrum Disorders.

The South East Regional Autism Intervention Program offers assessments, case management and Intensive Early Intervention programming for children with ASDs. To be eligible, you must live in KFL&A and have a child with a diagnosis of autism or a diagnosis at the severe end of the Autism Spectrum. Referrals of children with a diagnosis are accepted from family physicians, community agencies and families. The program also offers waitlist and transition services. Programming is based on Applied Behavioural Analysis principles. Children receive one-to-one instruction as well as group opportunities for learning. The program focuses on teaching communication, social, play, pre-academic, self-help and motor skills. Programming is offered in home, at the Center and in participating Daycare Centers.

The School Support Program staff at Pathways collaborate with District School Boards and Provincial Schools within the region by providing ongoing training, consulting and resource building. The service is not a direct service to learners with ASDs or their families. The program is supported by ASD consultants who may interact with individual board personnel; participate in team meetings, attend in the school environment and link with community supports. The service is based on the principles of Applied Behavioral Analysis and is focused on general skills development strategies that can be used to enhance learning in areas of communication, social skills and life skills in school-based and classroom-based settings. Principals can initiate a request to the School Support Program by contacting their Special Education Central Offices.

# **Southeast Community Care Access Centre (CCAC)**

**1471 John Counter Blvd.,**

**Kingston, ON K7M 8S8**

**T. 613-544-7090, ext. 4112**

**C. 613-483-1659**

**F. 613-544-1494**

**[www.se.ccac-ont.ca](http://www.se.ccac-ont.ca)**

**[Jo.Mather@SE.CCAC-ONT.CA](mailto:Jo.Mather@SE.CCAC-ONT.CA)**

This agency provides school health services to children who meet the SE CCAC eligibility criteria. Services may include Speech Language Pathology, Physiotherapy, Occupational Therapy.



# Other Resources

# **Algonquin and Lakeshore Catholic District School Board (ALCDSB) Student Services Department**

**151 Dairy Ave.,**

**Napanee, ON K7R 4B2**

**T. 613-354-2255**

**T.F. 1-800-581-1116**

**Automated Attendant 613-354-6257**

**Student Services F. 613-354-9850**

**info@alcdsb.on.ca**

**www.alcdsb.on.ca**

Algonquin and Lakeshore Catholic District School Board provide services for students with Autism Spectrum Disorder first and foremost in the neighbourhood school. These services consist of the support of the inschool team including the classroom teacher, the Special Education Resource Teacher (SERT), the Principal and support staff as appropriate. Through request and consultation, the Student Services team at the central Board office assists school teams in providing support for students with ASD. Our service delivery model may include one of the following, based on student need: full integration in the regular classroom with indirect support from the SERT; integration in the regular classroom with some withdrawal support from the SERT; or partial integration into one of our Life Skills Developmental Centres.

Algonquin and Lakeshore Catholic DSB is a lead Board for the Collaborative Service Delivery Model for Students with ASD. This model is a joint partnership between the Ministry of Education and the Ministry of Children and Youth Services involving all community partners who serve and support our students with ASD. Our Lady of Lourdes Catholic School and Holy Cross Catholic Secondary School are assisting with developing this collaborative model that will increase student engagement, student success and parent involvement. Two examples of this collaborative approach are the dedicated in school involvement of the Pathways ASD School Support Program as well as the placement of students from the Autism and Behavioural Science Program at St. Lawrence College in schools.

## **ASD Studies**

**107 Humphrey Hall  
62 Arch St.,  
Kingston, ON K7L 3N6  
T. 613-533-2894**

ASD Studies is a group of child friendly researchers interested in understanding how children develop with and without ASD.

Most studies involve a one-time visit to their child friendly center. Once there, you will participate in a series of fun, age-appropriate play-like tasks with the staff. Siblings are welcome to come too. Your involvement allows them to contribute to important ASD research, increase our understanding of ASD and explore children's early development and social interaction abilities.

## **Assistance for Children with Severe Disabilities (ACSD) Ministry of Community and Social Services (MCSS) Ministry of Children and Youth Services (MCYS) South East Region**

**11 Beechgrove Lane,  
Kingston, ON K7M 9A6  
T. 613-545-0539  
T.F. 1-800-646-3209  
F. 613-536-7272**

ACSD is intended to help parents offset the extraordinary costs associated with raising severely handicapped children at home. This program may pay you a monthly benefit based on the exceptional expenses you have in caring for your child. The amount of money you receive can vary from \$25 to \$430 per month and is based on the number of people in your family, as well as the total family income. Allowable expenses may include: travel costs, basic dental care, diapers, parking costs, extra clothing, drug costs, special learning/developmental toys, summer camp fees and parent relief.

To apply, contact your local MCSS/MCYS office, or consult with a community support agency to obtain an application package.

# **Autism Research Program (ASD-CARC)**

**c/o Ongwanada Resource Center**

**191 Portsmouth Ave.,**

**Kingston, ON K7M 8A6**

**T. 613-548-0156**

**[www.autismresearch.ca](http://www.autismresearch.ca)**

The Autism Spectrum Disorders-Canadian American Research Consortium is a multi-disciplinary team composed of more than 60 researchers, clinicians and parents dedicated to “Unraveling the Mystery of Autism”. They offer a Genetics Study, Prospective Study, Research Registry and Epidemiology Study. Their goals are:

- to subgroup families based on clinical, behavioral, biochemical and genetic differences,
- to identify genes important in the susceptibility to ASDs,
- to identify infants at risk for ASD before 1 year of age, and
- to determine the prevalence and incidence of ASD’s in different parts of Canada.

## Child Disability Benefit (CDB)

The Child Disability Benefit is a tax-free benefit of up to \$2300 per year for families who care for a child under the age of 18 with a severe and prolonged impairment in mental or physical functions. A prolonged impairment is one that can reasonably be expected to last for over a continuous period of at least 12 months. The CDB is paid monthly to the Canada Child Tax Benefit. Form T2210 must be completed and signed by a qualified practitioner to certify that the child has a severe and prolonged impairment in mental or physical functions and that one of the following applies:

- The child is blind, even with the use of corrective lenses or medication.
- The child is markedly restricted in his/her ability to perform a basic activity of daily living (walking, speech, hearing, dressing, feeding, elimination, mental functions necessary for everyday life).
- The child is significantly restricted in his/her ability to perform two or more basic activities of daily living, and the cumulative effect of these significant restrictions is equivalent to having a marked restriction in a single activity of daily living.
- The child must dedicate a certain amount of time specifically for life sustaining therapy.

If you would like more information about the CDB, go to [www.cra.gc.ca](http://www.cra.gc.ca) or ask your Income Tax representative about the Disability Tax Credit Certificate.

# **City of Kingston, Community and Family Services Department, Childcare Programs**

**362 Montreal St.**

**Kingston, ON K7K 3H5**

**T. 613 546-2695**

**F. 613 546-2623**

Community and Family Services, Childcare Programs manages and determines eligibility for fee subsidies for residents of Kingston and the County of Frontenac under the authority of the Day Nurseries Act. Subsidies are available for children ranging in age from infant twelve (12) years of age where the parent(s) is/are employed or enrolled in an education or re-training program. Parent fees vary based on financial circumstances. Appointments are required to determine eligibility and level of assistance. Eligible hours of care are based on parent(s) hours of attendance in an education/training program and/or hours of employment

Subsidy may also be provided to parents that are not participating in the above activities if a referral has been received by a community agency or doctor identifying additional family challenges with ailing health or delays in mental, physical, cognitive or social development. Subsidy may be approved for 5 half days or 2 to 3 full days (9:00 am – 3:30 pm). Ongoing children accessing subsidized care under a referral and entering Kindergarten will be discontinued in September once the child has entered elementary school.

Subsidized childcare is available through specific licenced childcare providers and funded Recreation programs within the City of Kingston and the County of Frontenac. A brochure "Subsidized Childcare Information" is available through our office or a list of Subsidized Centres is available on the City's website: <http://www.cityofkingston.ca/residents/social/children/index.asp>

To apply:

Parents/guardians are responsible for contacting the centre of their choice to secure a space for their child. When Community and Family Services Childcare Programs has received confirmation of space for your child from the centre of your choice, you will receive a telephone call from our office to book an appointment to determine eligibility for childcare subsidy. Our office is located at 362 Montreal St., Main floor.

# **Kingston Foundation for Autism Spectrum Disorders**

**T. 613-546-8008**

**[www.kingstonfoundationforautism.ca](http://www.kingstonfoundationforautism.ca)**

This is a non-profit organization that provides funding to services for people who have ASDs. Funding is available to registered non-profit, charitable groups who are providing programs that support people with ASDs.

## **Limestone District School Board (LDSB) Educational Services**

**153 Van Order Dr.,**

**Kingston ON K7M 1B9**

**T. 613-542-9871**

**TTY 613-542-8526**

**F. 613-542-1727**

**[educs@limestone.on.ca](mailto:educs@limestone.on.ca)**

**[www.limestone.on.ca](http://www.limestone.on.ca)**

Services for students with autism in the Limestone District School Board are coordinated through the Autism Team. The Autism Team is multi-disciplinary comprised of the Principal of Educational Services, the District Autism Resource Teacher, a Speech-Language Pathologist, and a Student Support Counsellor. LDSB offers a range of placement options for students with Autism Spectrum Disorders. Depending on student needs, students may receive support from a special education teacher and/or an educational assistant through a shared support model, benefit from resource withdrawal, access School to Community Program Services, or access one of our five District Autism Programs. The Autism Team also provides supports to schools and teachers on a daily basis. We assist with transition planning for students at all levels of transitions – pre-school to school, at school, from elementary to secondary school and from secondary school to post secondary or the world of work. We provide program and IEP development support and consultation for students. The Autism Team responds to referrals from schools. The Autism Team also coordinates training for staff upon request in all areas of working with students with autism e.g. Geneva Centre, the School Support Program for Students with Autism (SSP/ASD) at Pathways for Children and Youth. The Autism Team works with parents/guardians, families, and community partners to help them understand the services that the Limestone District School Board has to offer for children with autism, and to help them find the service that will best meet the child's needs.

# **Prince Edward-Lennox and Addington Social Services Children's Services Unit**

**11 Market Sq.**

**Napanee, ON K7R 1J4**

**T. 613-354 0114, ext. 85**

**T.F. 1-888-354-0114, ext. 85**

**F. 613-354-2563**

Child care fee subsidy is funding available to families who are in need of financial assistance with their child care costs. In order to determine eligibility, a Child Care Fee Subsidy Application is completed. All persons requesting fee subsidy follow the same process.

Child Care Fee Subsidy Applications are available at Daycare Centres, as well as all Prince Edward Lennox & Addington Social Service offices including Housing and Children's Services offices. Interested applicants may receive an application by mail requesting this at (613) 354 0114 ext 85 or (888) 354- 0114 ext 85.

In order to be considered for fee subsidy the applicant must have their most recent income tax information, in particular, line 236 of the income tax form. The application is comprised of five sections and each one is to be completed with the appropriate information and returned by mail to the address indicated or dropped off at the nearest Social Services location. To ensure space is available at the daycare of your choice, it is necessary to contact the daycare first to determine availability. The fee subsidy worker reviews the application, confirms the information and notifies the applicant if they have been approved once availability has been confirmed. The process is completed as quickly as possible but during times of high volume may take a week to 10 days to complete.

**Special Services at Home (SSAH)  
Ministry of Community and Social Services (MCSS)  
Ministry of Children and Youth Services (MEYS)**

**11 Beechgrove Lane.,  
Kingston, ON K7M 9A6  
T. 613-545-0539  
T.F. 1-800-646-3209  
F. 613-536-7272**

The SSAH Program helps children with developmental or physical disabilities and adults with a developmental disability to live at home with their families by providing funding on a time-limited basis to address individual needs.

With this funding families can purchase a variety of services that might not otherwise be available to them and which are not provided elsewhere in the community.

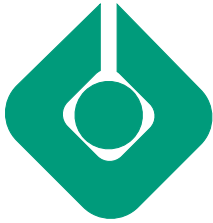
The exact amount of support that your family may receive is determined by a number of factors including the type and amount of service your family needs and the availability of funds.

You will need to complete an application form which can be obtained through your local MCSS/MCYS Regional Office or consult with a community support agency to obtain an application package.

You will also need a medical statement or psychological assessment clearly confirming the diagnosis of your family member's disability.







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