

## **Choosing a Caregiver**

Finding quality childcare is important for every family. Whether you are looking for full time care while either parents work, or the occasional evening off, it is important to find someone you trust.

If your child has special needs, there may be additional skills and experience that you want your caregiver to have.

Attached you will find a guide for choosing a respite caregiver for children with special needs. The process of listing your needs, the job requirements and screening will be the same if you are looking for full time day care, or occasional respite care.

The Community Respite Care Committee in Victoria, British Columbia, developed this resource for their families and has agreed to share it with military families across the country. There are specific local agencies mentioned. If you would like to find a similar agency in your community, please contact the Community Respite Care Committee for more assistance.